

# sushi



salmon  
full house  
£8.99



health &  
happiness  
£9.29



itsu  
classics  
£8.99



veggie sushi  
collection  
£5.99



super salmon light  
£5.99



sushi festival  
£6.69



spicy tuna  
dragon rolls  
£5.79



salmon & avo  
dragon rolls  
£5.69



veggie  
dragon roll  
£4.79



salmon crunch  
£6.29



avo baby rolls  
£4.49



salmon sashimi  
& greens  
£5.89

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# sushi



salmon sushi  
& ginger  
£4.59



salmon avocado rolls  
& ginger  
£4.59



california rolls  
£4.49



[low carb] Japanese  
sushi salad  
£6.29

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# salads



itsu poke'  
on a bed  
£6.29



chicken teriyaki  
on a bed  
£5.69



salmon teriyaki  
on a bed  
£5.69



no meat Mondays  
£6.99



the sesame  
chicken salad  
£7.49

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## rice bowls



teriyaki  
chicken  
£7.69



Thai  
chicken  
£ 7.19



klean'katsu  
chicken [not fried]  
£ 6.99



spicy korean  
chicken  
£7.69



meatless  
meatballs  
£6.69

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## udon noodles



chilli'chicken  
£7.69



chargrilled'chicken  
£7.69



i'thai  
£6.69



veggie'gyoza  
£7.39

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## *gyoza & bao*

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chicken & spring onion

£5.29



vegetable fusion

£3.99



king prawn

£5.29

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## *pot soup*

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miso soup

£2.19



detox miso'noodle

£3.99



chicken noodle

£4.99

# sides & desserts



edamame

£2.29



veggie dumplings

£3.99



fruit cup

£2.99



chocolate mousse

£2.49



lemon zinger

£2.49



white chocolate dream

£2.49



little salted caramel pot

£1.49



chocolate mango

£1.99



chocolate mochi

£1.99